



DIABETES LIGA SPORT & BEWEEGT KALENDER 2024



CYCLING TEAM

JANUARI	20.01	Kick-off Diabetes Liga Sport & Beweegt & Climbing for Life (Nazareth)
FEBRUARI	11.02	Community Ride 1 (Brugge)
	25.02	Omloop Het Nieuwsblad Cyclo (Gent - Ninove)
MAART	10.03	Community Ride 2 (Lommel)
	16.03	Kick-off Climbing For Life (Brussel)
	23.03	Gent-Wevelgem Cyclo (Wevelgem)
APRIL	13.04	Brabantse Pijl (Heverlee)
	27.04	Tour de Namur (Floreffe)
MEI	25.05	La Chouffe Classic (Houffalize)
JUNI	02.06	COMMUNITY EVENT - MERCY CLASSIC (MALDEGEM)
	21.06 23.06	Community Ride 3 - Diabetes Liga Sport en Beweegt Weekend (Geraardsbergen)
JULI	14.07	Community Ride 4 (locatie volgt later)
AUGUSTUS	04.08	Fiets Dodentocht (Puurs)
	17.08	Community Ride Cardiab Cycling Team (Puurs)
	21.08 25.08	CLIMBING FOR LIFE VOGEZEN
SEPTEMBER	06.09 08.09	DIAT1OP Weekend (Houffalize)
	21.09	Super 8 Cyclo (Haacht)
OKTOBER	06.10	Community Ride Offroad (Hoge Kempen)
NOVEMBER	17.11	COMMUNITY EVENT CYCLING, RUNNING & WALKING WERELD DIABETES DAG
DECEMBER	15.12	Community Ride Off Road (Puurs)

In nauwe samenwerking met onze trouwe partners





DIABETES LIGA SPORT & BEWEEGT KALENDER 2024



RUNNING TEAM

JANUARI	20.01	Kick-off Diabetes Liga Sport & Beweegt & Climbing for Life (Nazareth)
FEBRUARI	11.02	Community Run 1 (Brugge)
MAART	10.03	Community Run 2 (Lommel)
	16.03	Kick-off Climbing For Life (Brussel)
	24.03	Sofico Gent Marathon (Gent) 0,5 marathon of marathon
APRIL	21.04	Antwerp Ten Miles (Antwerpen) 6,8 km - 10 miles
MEI	09.05	Abdijentocht Run & Walk (Averbode) 7 - 15 of 33 km
JUNI	02.06	COMMUNITY EVENT - MERCY CLASSIC (MALDEGEM)
	21.06	Community Run 3 - Diabetes Liga Sport en Beweegt Weekend (Geraardsbergen)
	23.06	
JULI	14.07	Community Run 4 (locatie volgt later)
AUGUSTUS	21.08	CLIMBING FOR LIFE VOGEZEN
	25.08	
SEPTEMBER	06.09	DIAT1OP Weekend (Houffalize)
	08.09	Fortloop (Puurs)
	22.09	
OKTOBER	06.10	Community Run 5 (Hoge Kempen)
NOVEMBER	03.11	Brussels Airport Marathon (Brussel)
	17.11	COMMUNITY EVENT CYCLING, RUNNING & WALKING WERELD DIABETES DAG
	24.11	Keytrade Bank Knokke Trail (Knokke) 8 - 16 of 22 km
DECEMBER	15.12	Community Run 5 (Puurs)

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DIABETES LIGA SPORT & BEWEEGT KALENDER 2024



WALKING TEAM

JANUARI	20.01	Kick-off Diabetes Liga Sport & Beweegt & Climbing for Life (Nazareth)
FEBRUARI	11.02 24.02	Community Walk 1 (Brugge) Nationaal Park Marathon Walk (Maasmechelen)
MAART	10.03 16.03 24.03	Community Walk 2 (Lommel) Kick-off Climbing For Life (Brussel) Community Walk 3 (Gent)
APRIL	14.04	Community Walk 4 "Dirk is Mee" (Adegem)
MEI	09.05	Abdijentocht Run & Walk (Averbode) 7 - 15 of 33 km
JUNI	02.06 21.06 23.06	COMMUNITY EVENT - MERCY CLASSIC (MALDEGEM) Community Walk 5 - Diabetes Liga Sport en Beweegt weekend (Geraardsbergen)
JULI	14.07	Community Walk 6 (locatie volgt later)
AUGUSTUS	21.08 25.08	CLIMBING FOR LIFE VOGEZEN
SEPTEMBER	06.09 08.09 15.09	DIAT10P Weekend (Houffalize) Urban Walk Lier - 10 km (Lier)
OKTOBER	06.10 17.11	Community Walk 7 (Hoge Kempen) COMMUNITY EVENT CYCLING, RUNNING & WALKING WERELD DIABETES DAG
NOVEMBER	24.11	Keytrade Bank Knokke Trail (Knokke) 8 - 16 of 22 km
DECEMBER	15.12	Community Walk 8 (Puurs)

In nauwe samenwerking met onze trouwe partners





DIABETES LIGA SPORT & BEWEEGT KALENDER 2024



	CYCLING TEAM		RUNNING TEAM		WALKING TEAM	
JANUARI	20.01	Kick-off Diabetes Liga Sport & Beweegt & Climbing for Life (Nazareth)	20.01	Kick-off Diabetes Liga Sport & Beweegt & Climbing for Life (Nazareth)	20.01	Kick-off Diabetes Liga Sport & Beweegt & Climbing for Life (Nazareth)
FEBRUARI	11.02	Community Ride 1 (Brugge)	11.02	Community Run 1 (Brugge)	11.02	Community Walk 1 (Brugge)
	25.02	Omloop Het Nieuwsblad Cyclo (Gent - Ninove)			24.02	Nationaal Park Marathon Walk (Maasmechelen)
MAART	10.03	Community Ride 2 (Lommel)	10.03	Community Run 2 (Lommel)	10.03	Community Walk 2 (Lommel)
	16.03	Kick-off Climbing For Life (Brussel)	16.03	Kick-off Climbing For Life (Brussel)	16.03	Kick-off Climbing For Life (Brussel)
	23.03	Gent-Wevelgem Cyclo (Wevelgem)	24.03	Sofico Gent Marathon (Gent) 0,5 marathon of marathon	24.03	Community Walk 3 (Gent)
APRIL	13.04	Brabantse Pijl (Heverlee)	21.04	Antwerp Ten Miles (Antwerpen) 6,8 km - 10 miles	14.04	Community Walk 4 "Dirk is Mee" (Adegem)
	27.04	Tour de Namur (Floreffe)				
MEI	25.05	La Chouffe Classic (Houffalize)	09.05	Abdijentocht Run & Walk (Averbode) 7 - 15 of 33 km	09.05	Abdijentocht Run & Walk (Averbode) 7 - 15 of 33 km
JUNI	02.06	COMMUNITY EVENT - MERCY CLASSIC (MALDEGEM)	02.06	COMMUNITY EVENT - MERCY CLASSIC (MALDEGEM)	02.06	COMMUNITY EVENT - MERCY CLASSIC (MALDEGEM)
	21.06 - 23.06	Community Ride 3 - Diabetes Liga Sport en Beweegt weekend (Geraardsbergen)	21.06 - 23.06	Community Run 3 - Diabetes Liga Sport en Beweegt weekend (Geraardsbergen)	21.06 - 23.06	Community Walk 5 - Diabetes Liga Sport en Beweegt weekend (Geraardsbergen)
JULI	14.07	Community Ride 4 (locatie volgt later)	14.07	Community Run 4 (locatie volgt later)	14.07	Community Walk 6 (locatie volgt later)
AUGUSTUS	04.08	Fiets Dodentocht (Puurs)				
	17.08	Community Ride Cardiab Cycling Team (Puurs)				
	21.08 - 25.08	CLIMBING FOR LIFE VOGEZEN	21.08 - 25.08	CLIMBING FOR LIFE VOGEZEN	21.08 - 25.08	CLIMBING FOR LIFE VOGEZEN
SEPTEMBER	06.09 - 08.09	DIAT10P Weekend (Houffalize)	06.09 - 08.09	DIAT10P Weekend (Houffalize)	06.09 - 08.09	DIAT10P Weekend (Houffalize)
	21.09	Super 8 Cyclo (Haacht)	22.09	Fortloop (Puurs)	15.09	Urban Walk Lier - 10 km (Lier)
OKTOBER	06.10	Community Ride Offroad (Hoge Kempen)	06.10	Community Run 5 (Hoge Kempen)	06.10	Community Walk 7 (Hoge Kempen)
NOVEMBER			03.11	Brussels Airport Marathon		
	17.11	COMMUNITY EVENT CYCLING, RUNNING & WALKING WERELD DIABETES DAG	17.11	COMMUNITY EVENT CYCLING, RUNNING & WALKING WERELD DIABETES DAG	17.11	COMMUNITY EVENT CYCLING, RUNNING & WALKING WERELD DIABETES DAG
			24.11	Keytrade Bank Knokke Trail (Knokke) 8 - 16 of 22 km	24.11	Keytrade Bank Knokke Trail (Knokke) 8 - 16 of 22 km
DECEMBER	15.12	Community Ride Off Road (Puurs)	15.12	Community Run 5 (Puurs)	15.12	Community Walk 8 (Puurs)

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